

DO MORE FOR YOUR HEART FAILURE: **PREPARING FOR YOUR VISIT**



During your visit, asking questions will keep you informed and allow your doctor to know more about you.

Here are some questions you may want to ask:

- What type of heart failure do I have?
- What stage is my heart failure?
- How serious is my heart failure?
- How do you track the progress of my heart failure?
- How could heart failure impact my mental health?
- Where can I get more information about heart failure prevention and treatment?
- Are there signs or symptoms that I should watch out for?
- Can my heart failure get worse even if I am taking medication?
- What can I do to help keep my heart failure from getting worse so I can maintain a good quality of life?
- If my heart failure gets worse, what therapies and treatments are available besides medications? Do you offer these options?
- How can treatments improve my quality of life?
- What is advanced heart failure?

Use this space to write down additional questions or notes.
